

Do you help a family  
member get out  
of bed?



Do you put the  
washing machine  
on as  
nobody else will  
do it?

Do you make dinner  
most evenings?



Are you a  
Young Carer?



Do you help with the  
upsets and  
arguments in your  
house?

Do you do the food  
shop or help to get  
medicine?

If this sounds like you:

Did you know you can ask your teacher/tutor for help?

Did you know registering as a Young Carer can get you help for the whole family?

For more information for Young Carers and professionals see our website -

[www.carersupportwiltshire.co.uk/young-carers](http://www.carersupportwiltshire.co.uk/young-carers)